

Ask your physician to call Palliative Medicine Consultants today. We can be reached at (540) 536-5013.

*Palliative Medicine Consultants is committed to excellence in palliative care. Palliative care treats the whole person aiming to meet the physical, emotional, and spiritual needs of you and your family.*



**Palliative**  
Medicine Consultants

Providing comfort and *peace* of mind to patients and their families throughout a serious illness



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312 West Cork Street  
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(540) 536-5013  
[www.blueridgehospice.org](http://www.blueridgehospice.org)

## Providing comfort and *peace of mind* to patients and their families throughout a serious illness

Palliative Medicine strives to relieve physical, emotional, and spiritual pain, while improving the quality of life for patients and their families who are facing serious illness.

### Who can benefit from Palliative Medicine?

#### *Patients with serious illnesses including, but not limited to:*

Cancer, Dementia, Liver Disease, Chronic Lung Disease, HIV/AIDS, Kidney Failure, Heart Disease, Diabetes

#### *Patients with physical symptoms including, but not limited to:*

Pain, Delirium, Fatigue, Shortness of Breath, Nausea and/or Vomiting, Loss of Appetite, Insomnia, Anxiety, Cough

#### *Patients and/or Families wishing to discuss:*

Advance care planning, Goals of therapy, Comfort-directed therapy, Withdrawal of forms of artificial life support

### What Palliative Medicine Is NOT.

- Palliative care is NOT in place of curative treatment. Patients can benefit from palliative care before, during, and after curative, or life-prolonging treatments.

- Palliative care is NOT the same as hospice. Palliative care is offered at any stage of any illness, while hospice care is appropriate for patients with a terminal illness, and who are ready to discontinue life-prolonging or curative treatment.

Palliative Medicine Consultants offers a specialized team to work with your physician to help relieve physical, emotional, and spiritual pain through an open line of communication.

### Members of your treatment team may include:

- **Palliative Care Physician and Nurse Practitioner** who specialize in recommending medications or treatments to help relieve pain and symptoms caused by a serious illness, or aggressive curative treatment.
- **Registered Nurse** with training in symptomatic management and coordinating care in the hospital, the patient's home, or in other care settings.
- **Medical Social Worker** with advanced training in counseling patients and family members about interpersonal issues, lifestyle changes, and coordination of community resources. They can also assist in discharge planning.
- **Chaplain** who offers spiritual and emotional support, counseling, and coping strategies for patients and families according to their individual needs.
- Other Complementary Therapies