



the Companion

Volume #20 Issue #2

Spring 2000



Meet Our New Board President ... Tim Gano

Our current Board of Directors President, Tim Gano, has lived in this area his entire life. In an interesting twist of fate, he was born in the same original hospital building that now houses the Blue Ridge Hospice offices on Cork Street. He currently lives on a farm that has been in his family since the 1800s. Growing up in Frederick County, he graduated from James

Wood High School and then matriculated from Virginia Tech with a double major in Agriculture/Education and Dairy Sciences. Tim's first job was with First Union Bank, as a commercial loan officer. He is presently in sales with Winchester Equipment, a company that specializes in agricultural and construction equipment, selling products to general consumers, local agribusinesses, and construction companies.

So how did Tim become a vital member of Blue Ridge Hospice's operation? "Like many families who wait until it's very late to request hospice care for a family member, my own family waited until my father's last week of life before contacting hospice. A co-worker and Blue Ridge Hospice Board member, Scott Arthur, recommended that I contact hospice. I have regretted that we didn't contact hospice sooner." Later, a second influence was Tim's place of employment at First Union. Several of his co-workers were involved with Blue Ridge Hospice as volunteers and on the Board of Directors. Tim's boss, Scott Arthur, recommended Tim for the open position of Treasurer, and "I've been here ever since."

During the tenure of President Christopher Curran, the Blue Ridge Hospice by-laws were amended to allow the president to serve a two year term rather than one year. This was done to circumvent the all too familiar occupational hazard of holding the position for only one year: by the time an incumbent became familiar and comfortable with the position, it was time to leave. "Two years gives the officer time to grow into the job, determine what plans/programs would be beneficial, and hopefully implement those programs." With plenty of time before him to make a real difference, Tim envisions Blue Ridge Hospice obtaining more presence in the community. He would like to see "Blue Ridge Hospice in the forefront of the community, so that any family in need will know the full range of our services that Blue Ridge Hospice has to offer." He feels that Blue Ridge

New Board of Director Members

Please join us in welcoming new Board members for Blue Ridge Hospice. Joining our Board of Directors are Cheryl Ringer, CPA, of Yount, Hyde, & Barbour, as the Treasurer, and Kimberly Harper, the Assistant Administrator of Westminster-Canterbury, as the Secretary. Joining as new Board members are Su Webb of the Times-Mirror Newspapers, and Floyd Heater, CEO of Shenandoah Memorial Hospital in Woodstock.

Hospice has been heading in that direction with increased fundraising projects and a greater interaction with community groups. "I'd like to take that to a greater level in the next two years. Additionally, while expanding on that front, our medical director, Dr. Ancker, will be working with physicians, which will help Blue Ridge Hospice control certain costs and hopefully increase the patient's length of stay." His goals for Blue Ridge Hospice also include maintaining a good working environment for the staff, and keeping Blue Ridge Hospice on good financial footing. "I am very fortunate to be able to work with the quality of people that make up our staff and volunteers, and I hope that I can make some contribution to our mission."

Mission Statement



- To make quality hospice care available to all persons with a terminal illness, their families, and those affected by death and dying in our community.
- To advocate effectively for patient comfort, dignity, and choice in end of life decisions.
- To be recognized as a leading resource, based on current national and state standards in education and palliative care, for clinical, ethical, and spiritual issues of dying and grief.

Board Of Directors OFFICERS

President
Tim Gano

Vice President
John Devlin

Secretary
Kimberly P. Harper

Treasurer
Cheryl Ringer, CPA

At Large
Helen Zebarth

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Su Webb

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Ernest J. Carnevale, Jr.

Medical Director
Robert A. Ancker, M.D.

Assistant Medical Director
Kathleen Stewart, M.D.

A Note From Ernie ...



Springtime is here. What a joy it is to see the dogwoods and redbuds in full bloom as I travel over the Blue Ridge each day. The summer weather seems to have crept up as well.

This issue of our newsletter spotlights our successful art show and sale with photographer Barbara Sample. Our silent auction spotlighted pictures of our butterfly logo and a sheet of framed hospice stamps. They both sold quickly. Thank you to all that supported us.



Ernest J. Carnevale, Jr.

Those of you who were in attendance at our annual Volunteer Dinner experienced a wonderful evening with good food, good friendship, and great entertainment. Congratulations to Peggy Neal, our Volunteer of the Year, and to Ruby Stotler, our Founder's Award recipient. A special thanks to Bridget Blevins, our Director of Volunteer Services, and her committee for coordinating this annual event to honor our cherished friends, our volunteers. What a difference you all make.

I am pleased to announce that we are moving to a new P.O.D. in Woodstock. This will allow the Woodstock Advisory Board to set up a gift shop right on Main Street as well as serving as a point of distribution for medical supplies for our patients.

We have also secured space for a new P.O.D. in Front Royal, thanks to the help of the Front Royal/Warren County Advisory Board. The tentative opening date is June 1, 2000.

A special congratulations to our Medical Director, Dr. Ancker, who has received his board certification in Hospice and Palliative Medicine. He is one of twelve physicians certified in Virginia.

Memorial Day Remembrance

A Tradition Continues . . .

For many years, during the month of May and leading into Memorial Day, families and friends of Blue Ridge Hospice have made it a point to honor a deceased loved one with a memorial gift. Many people have also chosen to honor a friend or family member who is still a part of their life.

Our tradition continues. If you would like to join us in remembering someone special in your life, in the present or the past, please use the envelope enclosed in the newsletter. We will acknowledge your gift to the person(s) you have honored.

It's an Open House

...an Art Show and . . .an Art Sale and some Wine and Cheese!

Our Art Show was a great success.
... and here are some of the people
who made it special.



The artist herself, Barbara Sample.



Joan Kaye purchased this butterfly print for her farmhouse.



Ernie and friend Ben Lawrence.



Board President Tim Gano, Ernie, and Joan Naylor.



Susan O'Kelly will be hanging this butterfly print in her Front Royal Bed & Breakfast, Killahevin.



Blue Ridge Hospice Board of Director's Vice President John Devlin and his charming wife Peg.



A serious discussion between Ernie, Joan Elliot, and Marilyn Naylor.



Staffers Kerry Whitacre, Connie Huppmann, Carter, and Cinnamon Huie.



Barbara Sample, Kathy Donovan, Virginia Lawrence, and Dick Mazzucchelli.



Raymond Knapp bought the framed Hospice Stamps.



Our First Nurse

Nikki Hill has been with Blue Ridge Hospice since Blue Ridge Hospice made the transition from being an all-volunteer organization to a paid professional organization. But before that, she's been a little bit of everywhere. Born in Ohio, she traveled with her Air Force husband to England, Arizona, Georgia, and Florida before they moved back to Virginia, "an area with all the seasons." And during all that time, she's been a nurse (while taking time off to raise four children) for 36 years, and a hospice nurse for 20 of those years. Her prior experience includes med/surg and pediatrics.

"RN stands for Real Nurse"

Her hospice experience did not begin here. She began with the Hospice of Palm Beach County, starting there, as with us, as a volunteer before becoming paid staff. "I just felt very frustrated with nursing prior to hospice. It was one of those things where you'd have forty patients, and all you'd seem to do was hand out meds and move on, and never have a satisfactory follow-up. Hospice is different. What appealed to me about hospice was

that it let the patients call the shots for themselves."

She's been here as paid staff since 1988 - "I was the first nurse that was hired." Essentially, she started the entire clinical program at Blue Ridge Hospice. "As soon as we hired the second nurse, I became the de facto Director of Nursing, up until four years ago, when I created the position of Intake and Assessment, and moved out of management. I've never looked back." During her years as the Clinical Director, Nikki ran support groups, handled some basic social work functions ("I was very glad to see paid professional social workers come on board"), did community teaching at hospitals and local nursing homes, and worked closely with area physicians to educate them about what hospice involves. She feels that's been a significant change over the years between the doctors and Blue Ridge Hospice: "While the relations have always been good, they now see us as an organization, as a valid treatment option and not just as a support system." Another big change for Blue Ridge Hospice over the years was the initial Medicare/Medicaid certification, because of the responsibility involved. Blue Ridge Hospice could suddenly offer so much more to the patient and the patients' families, rather than the limited prior availability of only providing nursing support and bereavement services. After that, the biggest hurdle was to help the physicians not view the nurses as just volunteers: "RN stands for Real Nurse!"

"What appealed to me about hospice was that it let the patients call the shots for themselves."

For the future, Nikki would like to see Blue Ridge Hospice have a unit, which she feels is especially needed for those who have no caregivers and are dying alone. Her preference is for a free-standing unit with better equipment than we currently have now. For herself, she's just where she wants to be: "I'm very content, I don't ever want to be back in management. I'm most content when I'm with the patients."



New Staff

Please join Blue Ridge Hospice in welcoming new staff members. Hello to Certified Nursing Assistant Sharon Banks, and two new Family Support Services social workers, Lynn Gray, MSW, and Dorothy Harriman, BSW. Glad to have you aboard!!

Just a Few Reminders

Please continue to turn in your log sheets for all your volunteer activities. Your hours are essential to providing funding for patient care.

A special thank you to all volunteers who have updated your files for JCAHO requirements. Your cooperation is so appreciated.

The Reverend Bill Lee, who has volunteered with us for years, retired and moved to Florida in March. He will be missed by our patients and their families, and missed by us, too!



Connie Huppmann, Director of Financial Services, and Kerry Whitacre, Office Nurse, stitched this beautiful quilt to raffle at Apple Blossom. The winner is Raul Carmona of New Market.

Speaking of . . .

Ernie Carnevale, CEO, spoke to the Front Royal Rotary Club on March 24, 2000.

Cinnamon Huie, Director of Development, spoke twice in Woodstock: once to the members of the Woodstock Senior Fellowship on March 16th; and again at the Mt. Zion Lutheran Church on Tuesday, April 11, 2000.

John Devlin, Vice-President of the Board and patient care volunteer, spoke to the Berryville Rotary on Wednesday, April 12, 2000.

On Thursday, April 14th, 2000, Bereavement Counselor Mare Rockwood and Spiritual Counselor Elaine Boyer spoke to the staff and volunteers of "The Home" in Woodstock. Topics covered were education on grief and loss issues, and providing support for staff.

Relay for Life

Blue Ridge Hospice will be participating in the Winchester/Frederick County American Cancer Society's "Relay for Life" on June 2nd and 3rd. This is a very worthy annual event that seeks to obtain funding for the ongoing fight to find a cure for cancer. We've formed a team and we'll be walking all night long, so please support us in our effort. Sponsoring our team with a gift of \$10, or the purchase of a luminaria for \$5 in honor of a cancer survivor or in memory of a loved one who lost the fight to cancer, will be greatly appreciated. Please contact Leisa Houston, our Team Captain, at 540-665-5210 for details or to ask how you can help us in this effort.

How Can I Help?

Don't avoid me.
Hug or touch me.
Call me and tell me you're bringing over my favorite dish.
Watch my children.
Cry with me.
Take me out for a pleasure trip.
Call for my shopping list.
Before you visit, call to let me know you're coming.
Help me celebrate holidays.
Help my family.
Be creative.
Let's talk about it.
Help me feel good about my looks.
Please include me in decision-making.
Talk to me about the future.
Bring me a positive attitude.
Tell me what's new.
Help me with some cleaning.
Water my garden.
Tell me about support groups.
Just send a card, or drop me a note.
Pray with me.
Tell me how you'd like me to help you.

-Anonymous



Congratulations to

Ms. Arlie Swailes, for winning our Chili's Restaurant Gift Certificate Door Prize Drawing at the 6th Annual Community Wellness Festival held at Apple Blossom Mall on February 26th, 2000.

Mr. Raul Carmona, for winning the One Month Free Membership to Curves Door Prize Drawing at the Shenandoah Community Health and Wellness Fair held at W. W. Robinson Elementary School, March 11th, 2000.

Annual Volunteer Recognition Dinner

April 10, 2000



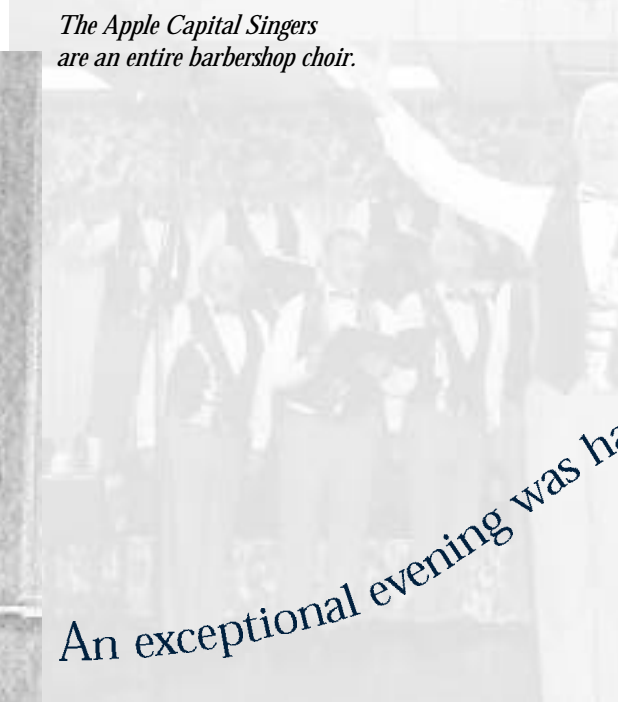
Assessment Nurse Nikki Hill on duty as the MC for the evening's program.



Founder's Award Winner Ruby Stotler.



BRH Medical Director Dr. Ancker with his beautiful little girls.



The Apple Capital Singers are an entire barbershop choir.



Volunteers Virginia and Bob Crosser



Volunteers Jackie Lee, Geneva Jackson, and Shirley Snaith.



Volunteer Rodney Keller with Director of Volunteer Services Bridget Blevins and wife Nancy Keller.



Charles Mangene, w

*It is always a privilege to honor
our Hospice volunteers.*

*CEO Ernie Carnevale and
Volunteer Jim Clark*



*Morgan Huie, Cinnamon's
daughter, sings like an angel.*



*Volunteer Karen Oleksa
with BRH staffers Mare
Rockwood and
Sue Carter.*



*Director of Volunteer
Services Bridget Blevins,
with Volunteer of the Year
Peggy Neal.*

*Bereavement Counselor
Mare Rockwood, as our
very own Queen Joke-O.*



*Volunteer
Jean Shank,
her husband
Doc Shenk,
and volunteer
Heather Jadot.*



Mangene, Jean Barbour, and Joan McKee.



Volunteers Marilyn Estep, Sarah Mosher, Joan Goode, and Former ED Caroline Hastreiter.

National Volunteer Week

National Volunteer Week this year was April 9 through April 15. We held our Annual Volunteer Recognition Dinner this year at the Winchester Travelodge with Entertainment provided by the Apple Capital Singers and our wonderful staff. This year's theme was the "Gong Show". Staff outdid themselves, which was hard to do after their performance the previous year! Over one hundred people were in attendance.

The Volunteer of the Year award for 2000 was presented to patient care volunteer Peggy Neal. The Founder's Award went to Ruby Stotler for her years of dedicated service to Blue Ridge Hospice both as a volunteer and as an employee.

Entertainment consisted of a thirty-minute barbershop quartet performance by the Apple Capital Chorus. The nurses formed a hillbilly band while the CNA's did a rodeo roping routine on their scheduling nurse. Two staff member's daughters sang, and one of the nurses did, also. We even had a sexy tractor song! The Director of Patient Care Services "Had a Hard Day" performing her skit with her husband nearby. The Directors performed the Grande Finale and awarded Ernie with a "Leader of the Pack" award while presenting him with a small red wagon to help him across the mountain from Leesburg in bad weather.

We at Blue Ridge Hospice would like to express our thanks to Joan Goode for her beautiful wooden apple favors for the tables. Thanks also to Shenandoah Fine Art Gallery and Debbie's Ivy Garden for the door prizes, and a warm thank you to Debbie at Abrams Card & Gift Shop for the gorgeous Seraphim Angel she donated for the Volunteer of the Year gift. Thanks to Ken and Dale Moulden for their continuing support of our staff talent show, to the Spring House Restaurant for contributing discount coupons to our volunteers, and thanks to Sherando High School for loaning us your gong and gonger! Last but not least, thank you to our wonderful Blue Ridge Hospice staff for your hours of rehearsal, your willingness to help decorate and run errands, and special thank you's to Jackie Ball for creating the programs and certificates, to Leisa Houston for arranging the entertainment committee and keeping everyone on schedule and on track, and to Peg Jackson for being the evening's hostess.



Quote of the Month

"Service is the rent we pay for our room on earth."

- Lord Hallifax

Director of Volunteer Services



Summer is right around the corner! Most of all, the snowbirds have returned and we are gearing up for some exciting happenings. We just finished a successful Annual Recognition Volunteer Dinner. Thanks to all who made it possible. Both Warren and Shenandoah Counties have active volunteers who are pursuing wonderful new projects in their communities. Hats off to them for their enthusiasm and tremendous support of our patients and their families. We hope to begin work soon on a volunteer brochure. This will be more personalized to what we do here at Blue Ridge Hospice. I'll be forming a committee soon for this most important endeavor. We have been very busy, and thank you to all volunteers for the extra work you do to make things run so smoothly. You are the core of it all! You may have noticed that we (the Volunteer Department) are now a part of The Companion Newsletter instead of continuing as a separate entity. This decision was made so that we could reach as many people as possible instead of just the volunteers. This will assist us in future recruitment, as more people see the great things we do they will want to be part of our Hospice. Also, this is a cost savings to Blue Ridge Hospice as a whole. Please join me in extending special thanks to Joyce Freund for all her work on the Volunteer Newsletter. As always, Bridget

FAQ's (Frequently Asked Questions) About Gifts



Thank You Very Much!!

What are Bequests?

You can name Blue Ridge Hospice as a beneficiary in your will. Your bequest might be an outright gift of cash, a percentage of your estate, or stocks, real estate, or personal property. The primary advantage of leaving a gift to Blue Ridge Hospice in your will is that it allows you to make a contribution without sacrificing spendable income during your lifetime.

What is a gift of Life Insurance?

Blue Ridge Hospice can be named as a beneficiary or owner of a life insurance policy. Making a gift of life insurance enables you to arrange a future gift to Blue Ridge Hospice without financial impact during your lifetime. Charitable tax deductions may also apply to these gifts.

How can I make a gift of property?

Through a "life estate gift," you can donate your house, condominium, or other property to Blue Ridge Hospice now, but continue to use it throughout your lifetime. If you wish, you can also provide for your spouse to use it throughout his or her lifetime. When you and/or your spouse can no longer use the property (or you no longer wish to use the property), Blue Ridge Hospice inherits it.

What is a charitable trust?

A trust is a special type of "holding" device for assets. Basically, you assign a certain amount of your assets to the trust; the trust "holds" them and pays out the income from those assets according to your instructions. Charitable trusts enable you to make a sizable contribution to Blue Ridge Hospice while receiving significant tax deductions and other tax benefits.

Gifts are a special way of demonstrating your commitment to Blue Ridge Hospice. For more information, please contact us at 540-665-5210.

• to the Chesapeake Restaurant Group for their gift of a \$20 Gift Certificate to be used as a door prize for our display at the 6th Annual Community Wellness Festival held at Apple Blossom Mall on February 26th, 2000.

• to Cathy Behrens of Curves for Women in Woodstock for her gift of a One Month Free Membership to be used as a door prize at our display at the Shenandoah Community Health and Wellness Fair held at W. W. Robinson Elementary School, March 11th, 2000.

• to Elizabeth "Libby" Robinson of Monroe Mortgage Company for her gift of an office chair.

• to Quebecor World for their gift of an executive office chair.

• to Jack High for his gift of a two drawer file cabinet.

• to Dr. Nancy Kleinschmidt for her gift of a digital camera.

• to Cathy Kuehner of the Public Relations Department of Shenandoah University for the flyer design for our Art Show and Sale.

• to Martin's Food Store on Pleasant Valley Avenue, Winchester, for their gift of a \$10 gift certificate for our Art Show and Sale.

• to Food Lion on Valley Avenue, Winchester, for their gift of a cheese tray for our Art Show and Sale.

• to Ms. Joyce Freund, for her gift of \$450, to be used for the purchase of computer tables and office chairs in our Resource Room.

• to Rubbermaid for their gift of personal care products.

Great Thanks to you All!! It is only through the kindness and generosity of the wonderful people in our communities that we can continue to provide quality hospice care for all who seek it.

Blue Ridge Hospice could use the following items.

If you would like to donate an article of property or would like to make a donation specifically to assist in purchasing one of the following items, please contact Cinnamon Huie at 540-665-5210

The Nursing Department needs:

10 Pentium (or newer) computers, 100 Mhz or faster, 400 Mb or more, 16 Mb Ram, CD Rom, with working monitor/keyboard/mouse.

The Woodstock P.O.D. and Gift Shop needs

(these items should be new or in good condition):

Sound System with 4 to 6 speakers

Cash Register

Lamps - 5 Floor, 5 Table

Five Large Clay Pots

Four (6 foot to 8 foot) Folding Tables

Two Card Tables

Three Window Boxes

Department Store Hatrack

W I S H
L I S T

In Memory of My Husband by Lois Sager

As the sky grows dark
we are so far apart.
The heavens cast a shadow
of pink.
And it is of you I think as
the day comes to an end
and my lonely night will
soon begin.
Time moves so slow,
for death has stolen my
glow.
My spirits have been
forever dashed
and I will live forever in
the past.

Mrs. Sager and her husband Perry were married 38 years before he passed away on March 7, 1999.

National Hospice Facts

There are 3,000 hospices in the U.S., served by 35,000 paid professionals and more than 100,000 volunteers.

More than one million Americans have been served by hospice care since the mid-1970's, when hospice care became available in America.

In the last year of life, Medicare hospice patients incurred almost \$3,000 less in costs than standard Medicare patients.

Hospices care for about half of all cancer deaths in America.

January 1 – March 31, 2000

IN MEMORY

Ed Ambrose
Mrs Betty Ambrose
Mr & Mrs Edgar A Ambrose
M/M Lloyd W Ambrose
Ms Shirley Hinchey

Anna Margaret Anderson
Mr & Mrs Mark R Anderson

Jean Artz
Mr Samuel F Artz Jr
Mr & Mrs Robert Carlson
Mr & Mrs Carl J Cook
Ruth A Holler & Family
Mr & Mrs Daniel S Hottel
Massanutten Antique Tractor Club
Mt Olive United Methodist Church
North Fork Middle School Staff
Mr Rodney Racey
Toms Brook High School Class of 1944
Harold R Updyke & Family

Joan Athey
Mr John P Oliver Jr

Stacy Author
Ms Patricia A Clevenger

Elmer Bard
Hazel & Karen Cone

Marcia Besselievre
Mr Donn Besselievre

Frederick A Bihn
Mrs Leila Bihn

Helen Bishop
Ms Janet Devine
Friday Nite Late Owl Bowling League
Variform

Shelby Braatz
Mr Richard P Braatz

Paul Brandolino
Ms Michele T Cona
Ms Ann B Lewis

Viola Brewl
Ms Doris E Johnson

Cyrus Brewster
Mr John H Ridlon

Joe Brill
Mr Donal Kremer
Mr James H Letterman
Ms Bethel Strossnider

Hunter W Buckner
Ms Nellie F Cobb

Margaret Day Button
Mr & Mrs Kenneth T Nothstine

Hilda Carnevale
Mr Ernest J Carnevale Sr

Geraldine Cathcart
Mr & Mrs James H Adams Jr
Cathcart Inc
Mr William E Cathcart
ERA Elite Group Realtors
Mr Carl Fais
Joan Fowler
Mickey Glassman
Mr & Mrs D B Pritt
Carmine & Marie Russo
Silver Spring Veterinary Hospital Inc
VFW Post 9646 Carbaugh Wohlford Post
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Mr & Mrs Edwin E White Jr

Elsie Catlett
Ms Helen L Abshire
Ms Madge Fries

Gwynneth C Christian
Hugh & Nina Constock
Mr & Mrs Edward Radomsky
Mr & Mrs Maurice Ramey
Mr & Mrs Ralph D Shockey

Alvin Clark
Mrs Doris M Clark
Gladys Kovalsky

Louise F Clark
M/M John D Hardesty Family

Thomas Cochran
Mr & Mrs Douglas L Hetland
Whites Interiors Inc

Nancy Cockerill
M/M John D Hardesty Family

Glenn Combs
Mrs Iona Combs

Rose Cona
Ms Michele T Cona

Mackall A Conner
Harris Stein

Lucy Custer
M/M Joseph V Arthur Jr
Ms Lucia M Barbour
Gerald J Bechamps MD
Ms Sue M Bonnett
Dr & Mrs Robert S Boyd
Carpers Valley Golf Course
Dr & Mrs William W Ellis
Mr Joseph Farland
Mr Richard A Farland
Mr & Mrs John Friant
Mr Duncan C Gibb
M/M John D Hardesty Family
Mr & Mrs Joe L Headley
M/M William E Jetter
Ms Barbara C Lamb
Mr Richard S Miller
Mr Maurice W Perry
Susan S Phillips
F Peter Sturm
Mr & Mrs J W Tinsman
Dr & Mrs George K Van Osten
J E Wetsel Jr
Ann R Wiltshire
Ms M Jayne Winant
Yount Hyde & Barbour

Lillian C Czajkowski
Mr Joseph E Czajkowski
Mr & Mrs James McLaughlin

William Davis
Ms Pamela L Russell

Melissa Ann DeMoya
Mr & Mrs Peter P DeMoya

Retta Dearmont
M/M John D Hardesty Family

Ladies Aux Post 2123
Deceased Member
VFW Ladies Auxilliary # 2123

George H Dietz III
Lloyd & Catherine Ebaugh

Jane R Dralle
Ms Frances S Holmes
Ms Dorothy R Verbosh

Charles S Dunlap Sr
Nevin E Brill
Mr Michael W Stickle & Family
Mr & Mrs James A Tevault

Blanche Fall
Mr Warren Brooke Fleck

Family Members
Mr & Mrs Albert R Pugh

FL Inda Ferree
Ms Shirley Snaith

Joe Fishel
Stephens City Lions Club

David W Fogle
Mrs Jean Fogle

Robert T Fox Sr
Dr & Mrs Thomas C Apostle
Ms Mary H Bryarly
Rachel Clem
Susan Jackson
Mrs Patricia N Lofton

Gerald Frye
Ms Tina Marie LeBlanc

Elfredo Gardiner
M/M John D Hardesty Family
Gloria A Jones

George E Giles Sr
Mrs Margaret Giles

Kathalene M Gillespie
Warren County High School
Class of 53

Bessie Gochenour
Thomas N Coleman
Mr George Rickey Scott
Ms Phyllis S Smith

Sarah Graw
Mr & Mrs James D Dunlap
O Sullivan Corporation
Julie & Bobby Owens
Women of the Moose # 1319

Dr Robert C G reen
M/M John D Hardesty Family

Daniel T Grimes
Mrs Audrey O Grimes

Robert Lee Groves
Ms Sandra L Mason
Ms Margaret G Moody
Mr & Mrs Lee Rogers
Jim & Christine Unger

Stella Grudzinski
Mr Joseph E Czajkowski
Mr & Mrs James McLaughlin

Lillian Estelle Gunter
Mr Carl B Gunter
Ms Suzanne Wood Silek
Jane Vaughan

Dorothy D Hamrick
Ms Mary Jo Zimpler

Macell K Harris
M/M Donald R Bergstrom

Mrs Thelma Hawley
Raymond E Welch & Family

Mary Alice Heale y
Patricia A Horsman

Frank E Hejl
Ms Joyce Freund

Alice M Heltzel
Ms Vickie L Bruce
M/M Francis J Kowalski
M/M Don Robinson

Andrew Higgs
Teamsters Local 29

Allen Hoover
Mr & Mrs William H Peffer

Charles Lee Hopkins
M/M Roy D Mannon

Dana Horan
Anna Belle Horan

John Richard H overmale
Ms Helen C Adams
M/M Anthony J Allegra
Mrs Lucy Carper Bame
Mr J Thomas Barbour
Ms Lucia M Barbour
Mrs Della M Bates
Ms Susan R Bowen
Ms Martha S Boyles
M/M P Bradford Brondstater
M/M Rodney J Carnill
Mr Christopher M Curran
Mr John C De Pollo
Ms Katherine M Dodd
Ms Deborah K Evans
Ms Heather M Evely
M/M Fred S Fonville
M/M Willie Lea Gano
Mr & Mrs George H Garber
Mrs Duncan C Gibb
Ms Rosezella D Godlove
M/M William P Hall

Mr Joseph W Hollis
Ms Helen L Hoover
M/M Michael Jeffries
Kibler Furniture Co Inc
M/M C Dwane Knight
Ms Peggy J Layne
M/M Paul A Masiello
Ms Mary R Morrison
M/M Douglas A Moyer
Mrs Paula M Myer
Ms Anne M Nickerson
M/M Buford W Omps
M/M Ronald R Paul
M/M Thomas Perelli & Family
Mr & Mrs Albert R Pugh
M/M Sam H Reaves III
M/M Michael Roby
M/M Daniel J Rodgers
Mrs Frances B Russell
M/M Winston D Saunders
Mrs Martha F Spangler
Ms Vicki G Spitzer
M/M Robert E Timbrook
M/M James Vargo
M/M Philip R Walsh
Ms Edith E Walter
M/M Daniel E Warnick
M/M Robert W Wells
M/M Bruce A Whitacre
Mr David S Whitacre
M/M John D White
Ms Elisabeth Whitesell
Winchester Lioness Club
Ms Sandra J Wolfe
Ms Maria S Yost

Curtis Huff
Mr David F Evans
Ms Denise L Ey

Dallas Huffman
Mr Russell B Adams Jr
Mr James D Boyer
Ms Anne P Crandall
Harriet & Roswell Curtis
Fort Valley Ruritan Club
M/M Alvin George
M/M Ferris E George
Ms Irma O Huffman
M/M Derwood B Mathias, & Family
M/M Paul D Nelson
Ms Phyllis H Painter
M/M Gary Rice
Ms Ruth A Rinker
West Central Forestry

Joseph Hughes
M/M John D Hardesty Family

Robert N Hughes
Mr Donald E Balderson
Mr & Mrs Tony E Barrick
Mr & Mrs C Frank Culbreth
Ms Nancy L George
Ms Evelyn Gore
M/M Maynard M Hanson Jr
Ms Mary S Redwine
Cam L Salladay
Warren Co School Board
Educational Resource Center
Ms Phyllis E Weingarten
M/M Ron M Zussman & Family

Josephine Ingram
Ms D Virginia Crosser

Walter & Effie Jackson
M/M John D Hardesty Family

Harrison R Jones Jr
Ms Emma Mae Huber

Roger A Jones
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Blue Ridge Hospice, Inc.
333 West Cork Street
Winchester, VA 22601
Telephone 540-665-5210
Fax 540-678-0584
Email hospice@visuallink.com

Editor: Cinnamon Huie

The Shenandoah Pain Management Program

Blue Ridge Hospice has been tapped to be part of the Shenandoah Pain Management Program, which is itself part of a national endeavor, the Pain Relief / USA project, which was initiated by the Oklahoma Pain Project, whose stated goal is no less than the standardization of pain management practices. The local chapter was begun by Valley Health Systems in Winchester. The entire project should take from three to four years to successfully complete, and includes doctors, nurses, pharmacists, and administrative specialists. Some of the major topics this project will address include pharmacology, the pathophysiology of pain, alternative treatment modalities, and differentiating between acute and chronic pain. Organizations which have completed Phase One of this project already report 100% completion of the JCAHO standards which reference patient rights, education assessment and CQI issues, improved documentation and assessment, and improved patient participation and patient education outcomes. One of the major tenets of this program is that clinical education must be integrated with organizational change. Blue Ridge Hospice is proud to be part of this national effort to improve pain management for hospice patients.



Blue Ridge Hospice, Inc.
333 West Cork Street
Winchester, Virginia 22601
540-665-5210

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