

Carl Napps Honored with Hospice Shining Light Award

Each year Blue Ridge Hospice presents its Shining Light award to an individual or individuals who have contributed greatly to the ongoing efforts and success of this not-for-profit organization. This year's honor went to longtime Winchester resident Carl Napps.

In presenting the recognition at the Blue Ridge Hospice Board of Directors meeting on December 11, Chairman of the Board Dr. Kathy Gustin spoke of Napps' untiring assistance in furthering the organization's mission.

"We are extremely fortunate to have had Carl's long-term support, as Blue Ridge Hospice has grown over the years in service to over 900 patients a year," Gustin said.



Carl Napps with (from left) Dr. Kathy Gustin, Chairman of BRH Board of Directors; his wife Judy; and Helen Zebarth, BRH co-founder.

Napps was CEO of Winchester Memorial Hospital (now Winchester Medical Center) when Blue Ridge Hospice co-founder Helen Zebarth was struggling with the early formation of the organization over 28 years ago.

"He was very supportive of my efforts," Zebarth commented, noting that Napps provided the first office space for Blue Ridge Hospice, while helping to foster the spirit of independence in the fledgling organization. "He was always willing to have his staff trained about hospice, and did all he could to be a collaborative partner with us. We could not have done it without him, as we had little or no funding in those days."

Napps, who met General George Patton while serving in World War II, became Assistant Administrator of Winchester Memorial Hospital in 1955 and CEO in 1960. He retired in 1989. He is remembered by members of the hospital medical staff as a very supportive leader who kept in touch with the needs of the hospital staff and physicians.

Napps and his wife, Judy, have been married for 54 years and have two children and three grandchildren. They are both avid gardeners.

Other Shining Light honorees include Grand Master Eung Gil Choi, Kathy Marino, Susan O'Kelley, Congressman Frank Wolf, Melanie Marks, Tom Wiseman, and last year's recipients, the volunteers and staff of Blue Ridge Hospice.

"Ride of a Lifetime" Dedicated to Blue Ridge Hospice

Hospice Registered Nurse Tammy Shoremount is about to embark on a journey centered around two of her greatest loves—horses and hospice.

Beginning in April, Tammy will participate in a five-month trail ride across America, coordinated and filmed by *Best of America by Horseback*. The 1,700-mile ride will travel across eight states and touch three countries.

Tammy has been diligently training and conditioning her horse, Rocky, for this unique test of endurance of horse and rider. Rocky is a four-year-old Rocky Mountain Horse, who has become a very special part of Tammy's family.

She plans to dedicate this "Ride of a Lifetime" to the patients and families served by Blue Ridge Hospice, and will be accepting pledges for her participation. It is Tammy's wish that all pledge proceeds directly benefit our not-for-profit organization that has so deeply touched her heart.

"I am so grateful for the privilege
 (continued p.3, see Rocky)



Tammy Shoremount and her horse Rocky.

The Companion

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Blue Ridge Hospice
333 West Cork Street, Suite 405
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540-536-5210
blueridgehospice.org

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Mission Statement

To make quality end-of-life care available to individuals and families facing serious illness and to support anyone in our community affected by death, dying, and loss.

We are very sensitive to privacy concerns. We do not sell or rent names or addresses of our supporters to any other person, company, or organization.

Correspondence from Capital Hospice and Hospice Education Institute is not affiliated with Blue Ridge Hospice.

NOTE FROM ERNIE

I hope everyone had a happy, healthy holiday season.

I feel so lucky to experience the holiday season with my family and friends. This year, I was able to spend Christmas with my father, sister, nieces, nephews, and a grandnephew (who has more curls than one can count). I am constantly reminded how important our families and loved ones are, not only during the holidays, but every day.



Unfortunately, that same reminder recently came to me and other members of the St. Francis de Sales Catholic Church in Purcellville, where some of our staff and volunteers are active parishioners. Our pastor, Father Michael Kelly, tragically lost his life being the good Samaritan that he was. While clearing a tree limb out of the road during a bad storm, another tree suddenly fell, taking his life. This awful tragedy reminds us how truly precious life is, and the value of living each and every day to its fullest.

As I speak to individuals and groups throughout this new year, I will continue to share my philosophy of hospice care and how important it is to make the most of each day.

This issue of The Companion spotlights our 2008 Shining Light recipient, Mr. Carl Napps. As you read about his service to Blue Ridge Hospice, and to the community, you will understand why he was selected. We thank him for his years of service and support of our organization.

Our newsletter also highlights the generosity of individuals, organizations, businesses, and clubs, who so enthusiastically support the hospice mission. One group in particular, the Blue Ridge Hunt. Under the leadership of Michael Hoffman and Melanie Marks, this group presented Blue Ridge Hospice with a check for \$23,000. These monies represented the proceeds from the Second Annual Running of the Blue Ridge Fall Races held in September. What a great way to end 2008 and be ever hopeful for 2009.

I want to thank all of those who have contributed this past year to our various events, fundraisers, and appeals. We can't do it without you, and we pledge to always provide excellent hospice care and services to all.

With warmest regards and gratitude,

Ernest J. Carnevale, Jr.
Chief Executive Officer

We Welcome Our Newest Staff Members

Anne Anderson, Thrift Shop Associate, Purcellville
Tanya Bell, CNA
James Cash, Thrift Shop Associate
Johanna Gascoyne, RN

Laura Johnson, RN
Amanda Rehm, Thrift Shop Associate, Winchester
Yvette Saldivar, Thrift Shop Associate, Purcellville

Joanna Staubs, Thrift Shop Associate, Winchester
Robert Taylor, RN
Cheryl Tuck, RN
Casey Winn, Thrift Shop Associate, Berryville

Shenandoah University Honors BRH Music Therapist

At the October 25 Shenandoah University Alumni Association Awards Luncheon, Music Therapist Leigh Jenks received the 2008 Young Career Achievement Award.

Every year during homecoming weekend, the alumni association of Shenandoah University honors alumni whose success and involvement make the community proud. This year, Blue Ridge Hospice is pleased to share in recognizing one of its own.

"It was an honor to be present to introduce Leigh at the awards ceremony," remarked Hospice CEO Ernie Carnevale. "As she accepted the award next to the other recipient, a Broadway star, I was reminded of how Leigh is our very own Hospice star."

Jenks, a summa cum laude graduate of Shenandoah's music therapy program, has been employed as a music therapist with Blue Ridge Hospice for six years. The national roster music therapy internship

program she developed has earned the distinction of being presented at several Virginia Association of Hospices conferences. Jenks is also a lecturer at Shenandoah University, and is very active in her community and the Opequon Presbyterian Church.

Please join Blue Ridge Hospice in congratulating Leigh Jenks on her outstanding achievements as a student, a professional, and a remarkable young member of our community.



Leigh Jenks and her achievement award.

Consignment Boutique Will Feature BR Hospice

On January 15, Loudoun residents and Blue Ridge Hospice Loudoun/Clarke Advisory Board members, Marilyn Naylor and Sheila Ralph, opened their "Consignment Boutique," a new retail venture at 302-A Industrial Court, off Catoctin Circle in Leesburg.

As an added highlight, Naylor and Ralph will feature Blue Ridge Hospice as their charity of choice in the shop. The shop will feature literature and announcements of upcoming events and programs sponsored by Blue Ridge Hospice. As time goes on, the partners hope to find additional ways in which to support hospice through their business.

Naylor, a yoga instructor and active community volunteer, and Ralph, who recently retired as director of the division of nursing at Shenandoah University, are excited about the opening of their new shop. "We looked at Leesburg and the surrounding area, and while there are several thrift stores, there was no location to consign upscale items in town," Naylor said. "We've had quite a bit of interest in the shop, and Sheila and I feel there is a niche in the marketplace that we can fill."

The Consignment Boutique features selective home accents, women's wear and accessories, and high-end children's specialty clothing—all to be consigned.

For additional information, contact Naylor or Ralph at 703-777-1188.

Rocky (from p. 1)

to care for these dear people. They have touched my life so greatly, and have made me who I am", Tammy said. "I want to dedicate my ride to the hundreds of patients, families, and co-workers with whom I've laughed, cried, and prayed with over the years."

If you would like to support Tammy and Blue Ridge Hospice with a pledge or donation, please call Anthony Crosen at 540-536-5210 or visit blueridgehospice.org.

VOLUNTEER SPOTLIGHT

Purcellville Thrift Shop's Sue Young

We are pleased to "spotlight" the efforts and dedication of one of our many volunteers, Sue Young.

Sue's experience with hospice began when her father was a hospice patient in Delaware. Years later, when she discovered the Blue Ridge Hospice Thrift Shop in Purcellville, Sue decided to support the hospice mission by volunteering her time at the shop.



Sue dedicates many hours and provides much-needed help to the thrift shop staff. Although her primary responsibility is to ensure that all donated electrical items are in working order, she assists wherever help is needed and has mastered nearly every other duty in the shop.

When asked what motivates her to volunteer at the shop, Sue replied, "I love it! I love working with the employees and the people coming in. It is very fulfilling in my life. I get more out of it than anything, plus it's just fun! Hospice has helped out this town (Purcellville) tremendously in many ways, specifically through donations of needed items to our senior centers and school organizations. Blue Ridge Hospice is always willing to help individuals and families who are in need."

In addition to volunteering at the shop, Sue is employed as a Technology Assistant at Blue Ridge Middle School where she maintains computers and hardware, and provides computer assistance to students and faculty.

We extend our appreciation to Sue for the generous contributions she makes to hospice.

To learn more about volunteering with Blue Ridge Hospice, please contact Kelly Bucher at 540-536-1078.

We Are Grateful for the Wonderful Groups



Fall Races

Blue Ridge Hospice was presented with a check for \$23,000 by The Blue Ridge Hunt from proceeds at the Blue Ridge Fall Races held in September. The check presentation occurred before a hunt in December at Merry Carol and Herb Yonkers' Woodley Farm near Berryville. Pictured are Hunt Master Anne McIntosh, Races Co-chair Melanie Marks, Herb Yonkers, Joint Master Linda Armbrust, Races Co-chair Michael Hoffman, Hospice CEO Ernie Carnevale, and Merry Carol Yonkers.

Tai Kwon Do

Grand Master Eung Gil Choi raised over \$8,000 for Blue Ridge Hospice through his "2008 Kick Cancer Out of the World" fundraisers. Proceeds totaling \$18,000 were shared with The American Cancer Society. Pictured are students who participated in the Tai Kwon Do demonstrations.



Butterfly Concert Series

Guests enjoyed the live music and light fare at the Butterfly Concert Series on November 8. The event, coordinated by the Annual Gifts Committee, raised over \$3,000 in sponsorships and recruited eight new Butterfly Club members.

Who Help to Make Hospice Possible

Lights of Love

The 2008 Lights of Love, coordinated by the Winchester Medical Center Auxiliary, raised \$18,000 for Blue Ridge Hospice. Hospice CEO Ernie Carnevale and Kathy Gustin, Chairman of the Board of Directors, were present to accept the generous donation.



Tootleoo Takes Center Stage

The enthusiasm of Loudoun County writer, producer, and actor Tom Sweitzer (right) brought together television personality Willard Scott, The Hill Playhouse, The Friends of Franklin Park Arts Center, and Blue Ridge Hospice for an October production of Sweitzer's play, *Tootleoo*. The musical drama, featuring the real-life story of hope and inspiration brought to a family by a hospice volunteer, was highlighted by Scott's remarks before and after the play. The production at The Franklin Park Arts Center was a benefit for Blue Ridge Hospice.

5K Walk/Run

Close to 400 runners and walkers participated in the 6th Annual Blue Ridge Hospice 5K Walk/Run on October 18. The event raised over \$7,500. Finishing in 16 minutes, 30 seconds, 46-year-old Mark Stickley placed First Overall. Rounding out the top three finishers were 20-year-old Kole Carlisle and 15-year-old Presley Parkes with times of 18:24 and 19:19.



Community Groups Provide Comfort for the Holidays

Blue Ridge Hospice is pleased to recognize three local community groups which provided much-needed holiday cheer to some hospice patients and their families.

Under the direction of Ed Nauer, the Knights of Columbus (Valley Council No. 3572) reached out to thirty-four hospice patients and their families through their Annual Parish Outreach Christmas Tree Program at Sacred Heart Catholic Church in Winchester. Through the kindness of church parishioners, these patients and families received nice holiday gifts and food baskets.

As in the past, the staff of Winchester Obstetrics & Gynecology PLC expressed their holiday sentiments through the adoption of a hospice family. They provided gifts of comfort and financial help to one of our families in need.

This year, Virginia Hills Church (Bible Study) in Front Royal, showed its support through the adoption of a hospice family. Special assistance and gifts were provided to a family in need.

We are indeed grateful for these acts of kindness that provide peace and joy to hospice patients and families each year.

Hospice Offers New Workshop

It is well known that writing can be therapeutic and offer healing, especially after a loss. Beginning in February, Blue Ridge Hospice will offer a unique series of workshops to assist individuals with writing and recording their memoirs.

This open series is designed for the novice or experienced writer. Participants will learn how to create verbal snapshots and written portraits, and find new ways to tap into their own creativity.

Sessions are scheduled from 9 a.m. to 11 a.m. on February 21, March 21, April 18, and May 16.

For more information or to register for one or more sessions, please contact our Bereavement Department at 540-536-5210.

TOO IMPORTANT TO OVERLOOK!

Advance Medical Directives

An advance medical directive is one of the most important estate planning documents, and can often be easily overlooked. In some ways, the advance directive is *the* most important document, as it deals specifically with you as an individual and your healthcare.

Last wills and testaments, living trusts, and general powers of attorney are very important also, primarily because they address situations about how you wish your property to be handled during and after your life. Advance medical directives, on the other hand, address something much more important—your own healthcare decisions.

You might hear advance medical directives more commonly referred to as living wills, healthcare powers of attorney, and healthcare proxies, among other titles. An advance medical directive specifies how you wish to be medically treated under certain “end-of-life” circumstances or medical emergencies, and if you could not specify yourself, who you would want to make normal day-to-day medical decisions for you. In these situations, an advance medical directive can protect your rights and wishes. Normally, this document will state under what circumstances you are no longer “deemed” capable of making medical decisions for yourself, in which case your designated agent would take over and make those decisions for you.

Blue Ridge Hospice understands and recognizes the importance of having an advance medical directive in place when you need it most. At minimum, it can provide piece of mind knowing your wishes and desires concerning your healthcare will be recognized and honored. However, because this is a legal document, there are certain requirements that must be met to enforce its validity. Certain states may have different criteria that must be recognized, so it is important to familiarize yourself with your state’s specific requirements.

In addition to all other legally executed advance medical directives, Blue Ridge Hospice also uses a planning tool known as *Five Wishes*. *Five Wishes* is an easy-to-understand approach to creating and executing a valid advance medical directive. When properly executed, it is valid in Washington, D.C. and 40 other states, including Virginia, West Virginia, and Maryland. This document essentially allows you to customize how you wish your medical decisions to be made, by whom, and under what circumstances.

All advance medical directives, including those using *Five Wishes*, must be properly executed to be legal. In Virginia, this requires signing the document in the presence of two witnesses who must also sign. West Virginia is the same, except the document must also be notarized at the time of signing. In most states, there are also specific restrictions regarding who can witness the document. Generally speaking, it is simply best to have two unrelated witnesses who are not providing you with medical care at that time.

Points to consider:

- If possible, it’s best to have both a living will and durable healthcare power of attorney.
- A living will cannot cover every possible situation; therefore, it is very important to designate an individual who can make decisions for you if you become unable to do so.

If you have any questions concerning an advanced medical directive, please contact your legal representative or Anthony Crosen at Blue Ridge Hospice (540-536-1109).

Blue Ridge Hospice is Pleased to Introduce the Charter Members of The Butterfly Club and Heart Employee Giving Program

The Butterfly Club - 2008

Adonis Level \$1000 & Above

Tim & Barb Bandyke
Mr. & Mrs. Harry F. Byrd, III
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Fred L. Glaize, III
Chuck & Patty Gordon
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Amos G. and Patricia A. Kettlewell
Jason W. Powell, DDS
Ben E. Tennyson
Tom & Carolyn Webber - Le Papillon Day
Resort
James R. Wilkins, Jr.

Red Admiral Level \$500 to \$999

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William & Sandy Armstrong
William H. & Jean G. Clement
Kevin & Jennifer Creany
Earthworks Landscaping Company
Chris & Pam Farley
Interiors by Patricia Jackson
Pete & Sara Jeschke - In Memory of
Douglas R. Hottel & Curt A. H. Jeschke
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Bill Martin
Troy & Jeanne Mezzatesta
Mountain Media Systems
Mark Newland and Lynne Sayles
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John N. Nichols
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PRK Drilling & Blasting, Inc.

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Shawn & Jennifer Shea-Roop
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Phillip & Brandy Rhoads
Greg & Kim Rhodes
Rex E. & Helen J. Ritchie
Hugh F. Sager
Steve & Barbara Sardelis
Steve & Debbie Slaughter
Jeff & Vicki Zarbo

Azure Level \$100 to \$249

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J.T. & Beth Anderson
Rosalie Andrick - In Memory of Virginia Foltz

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Mary Burke
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HEART (Hospice Employees Always Reaching Together) - 2008

Adonis Level \$1000 & Above

Anthony and Cassie Crosen
Amy Ha

Red Admiral Level \$500 to \$999

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Dorie Kastanek - In Honor of My Parents
Carl & Nellie Marshall
Virginia Newman
Nora Cosgrove - In Memory of Larry Myers &
Charles Cosgrove
Judy Eggleston
Jacki Mumm
Tamera Ratchford

Swallowtail Level \$250 to \$499

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Dorothy & David - In Memory of
Frank & Shirla Himelright; Robert Harriman

Diane Fleet - In Honor of My Parents
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Kirsten Troesh
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Esther Wren - In Memory of Franklin Thornton,
and Mr. & Mrs. Harry Atwood

Azure Level \$100 to \$249

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Jerry & Kristen Vance
Coralou Weaver
Becky Widger
Lisa Wilt
Jeannie Wisecarver
Pam Wisor
Sharon Wright

Other Donors \$99 & Below

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Maria McFarland
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Leslie Stewart
Vicki Townsend - In Loving Memory of
Benjamin Painter

Gifts

August—October 2008

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Ms Lucille L Burkhart
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Mary Bruno
Ms Elisa Nallen

Mavis Burner
Mr Richard A Burner

Eratus H Burnette
Ms Tamara S Bailey
Ms Carol A Bartus
Robinson Middle School Staff
Ms Dorothy B Smith

Martha J Burroughs
B B & T

Granis N Bush
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Ms Fritzie C Carper
City of Winchester Finance Dept
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Mrs Elizabeth P Duncan
Mr W Lawrence Duncan
Ms Juanita W Fletcher
Mr & Mrs John D Glover Jr
David & Ann Lackey
Mr & Mrs Jeffrey R Patton

Ms Cynthia Powell
Ms Linda F Stransky
Ruby & Tommy Trenary
Mr & Mrs J E Wetsel Jr
Winchester House Residents

David O Cale
Herb & Ruth Watson & Family

Charles G Carlson
Mr & Mrs James D Goodson
Mrs Nancy Hailston
Mrs Jane Packard

Hilda Carnevale
Mr Ernest J Carnevale Sr

Antonio Chwalowski
Ms Deyann D Davis

Daniel C Clater
Ms Leigh Jenks
Chuck, Tracy & Chaz Rutherford

Daniel "Danny" Clayter
Ms Sheryl Wooley

Bertram M Collette
Ms Audrey W Inskip
Northern Strasburg Area School Bus
Drivers
Mr Lee Willey

Joseph Collette
Northern Strasburg Area School Bus
Drivers

Dorothy W Collins
Ms Kathryn W McCullough

Clarence D Cooley
Mr Gates C Angle Jr
Mrs Mildred H Crabill
Janet & Doug Dellinger
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Mr Joseph A Allen

Ms Kathy Allman

America's Charities/Distribution

Account

American Red Cross

American Woodmark Foundation

Anonymous

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Mr William T Armstrong

Bandyke Construction Co

Ms Barbara B Bandyke

Bank of Clarke County

Diane P Beidler Trust

Mrs Claire Bellingham

Mr & Mrs H K Benham III

Mrs Mildred W Bishop

Bluemont United Methodist Church

Mr James E Boyd

Mrs Mary Broce

Mrs Mary K Burke

Ms Marian M Butler

Mr & Mrs Harry F Byrd III

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Mr & Mrs J Shep Campbell

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Ms Lori Caslin

Mr Stanley Caulkins

Ann & Lionel Chisholm

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Mr & Mrs W H Clement

Ron Rogos & Tracy Coffing

Columbia Furnace/Union Forge

Methodist Men

Ms Maripeg Combs

Community Mission Church of the

Brethren

Ms K Fern Cone

Ms Ellen J Connaughton

Mr Peter J Cook

Mr Kevin Covert

Ms Bonnie Crawford

Ms Angela Crider

Mr Anthony Crosen

Curves for Women

Laura N Dabinett MD

Mr & Mrs John M Daniels Jr

Deane Hardy Inc/Inter State Chevron

Mr Cody Dearing

Ms Hasseltine R deButts

Mr & Mrs Richard G Dick

Ms Kathleen G Dickman

Ms Bernadette Durkin

Ms Mary Elias

Ms Maricella Elliot

Ronald & Diane Elliott

Emma May Ridgeway Trust

Executive Limousine

Ms B Farrell

Lee & Betty Jean Fawcett

Ms Tamala W Finger

Friendly Motor Co

Ms Janet Gagahan

Ms Kathryn M Ganske

Ann & Fred Giaize III

Ms Joyce M Glanville

Glendale Farm

Good Shepherd Lutheran Church

Mrs Joan N Goode

Chuck & Patty Gordon

Marvin & Marguerite Gore

Grace United Methodist Church

Grand Home Furnishing

Ms Nancy Grish

Guardian

Guildfield Primitive Baptist Church

Drs H Nelson & Kathy Gustin

Amy Mai Ha MD

Hamburg Ruritan Club

Ms Carol J Hare RN

Harrell Family Trust

Mr & Mrs John F Harris

Mr Samuel L Hefflin

Joseph & Lucia Henderson

Ms Sara B Henry

Mrs Marion Heubusch

Ms Dena R Hill

Ms Cynthia J Hoppmann

Alex & Sherry Howard

HP Hood Warehouse C Crew

Ms Alyson P M Humphreys

Mr Jerry Hytry

Jack's Auto Sales Inc

Ms Elizabeth Anne Jackson

Ms Mary Jenkins

John Coles LLC

John Marshall Bank

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Herbert & Merry Carol Jonkers

Ms Merry Carol Jonkers

Ms Susan L Keiter

Mr & Mrs John Keller Jr & Family

Ms Kathy "Kat" Kelley

Mr Howard L Kent

Kernstown United Methodist

Church/Missions

Mr & Mrs Amos G Kettlewell

Ms Diana Kincannon

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Kinross Corp

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Ms Elizabeth K Lamond

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Ledo Pizza LLC

Linda Roberts Communication

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Ms Wanda Lloyd

Mrs Mary H Loftin

Ms B Gayle Lowe

Mrs Janet Mack

Mr Bill Martin

Mrs Jennifer Martin

Master Choi Golf Tournament/Auction

Ms Margaret "Marty" H Matheson

Mr John D McCarty

Jim McDermott Family

James & Rebecca McDermott

Mr & Mrs Daniel McIntyre

Deborah Salmon & Jesse McNeil

Charles A Miller & Barbara Brennan

Ms Melisa Miller-Piselli

Ms Joan S Miller

Miscellaneous/Steeplechase

Ms Brenda L Mitchell

Moose Lodge 829

Ms Carolyn C Morgoglione

Mt Olive Baptist Church/Missionary

Allan Bragg & Jacqueline Mumm

Mr & Mrs Ronald J Nagi

Melissa & Jim Nesheim

Ms Linda M Nichols

Mr Milton A Nichols

Ms Carol O'Malley

Oakland Orchard

Ms Pamela W Oliver

Omps Garage

Optima Health

Mr John Palmgren

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Mr Maurice W Perry II

Ms Cheryl E Pettibone

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Dr Jason Powell

Joe & Chantal Powell

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Richard & Joann Ritz

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Mr John Timothy Roberts

Mr George R Robinson

Ms Julie A Robinson

Mr & Mrs Lloyd A Robinson

Mr Edwin R Russell

Mr & Mrs John M Ryman

Larry & Linda Ryman

Mr Hugh F Sager

Mr & Mrs Steve G Sardelis

Schenck Foods Co

Ms Rachel Schwartz

Sew Fine Designs

Mrs Dorothy M Shaul

Ms Kathy Jo Shea

Shenandoah Baptist Association

Shenandoah Sand Inc

Signet Screen Printing & Embroidery

Singhas Tax & Bookkeeping SVC

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Mr Alson "Skip" H Smith III

Richard & Kelly Smith

Spicher's Appliance of Virginia Inc

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St. Paul Lutheran Church

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Stephens City Lions Club

Stephens City Moose Lodge 2483

Ms Monica Stevens

Mr & Mrs Donald W Stewart

Mrs Doris B Stimpson

Ms Jean A Sullivan MSW

Ms Michelle Swartz

Mr Ben E Tennyson

The Exchange Club of Winchester

The LeMarr Group

The Rustycan Company

The Shockey Companies

Ms Sherry Thomas

Mr W E Thurmond III

Barbara & Melvin Tinsman

Benjamin L Tolley DDS

Ms Vicki K Townsend

Trinity Episcopal Church

Trinity Lutheran Church/LCW

Mr James Triplett

United Way of New York/Special

Distribution

United Way of Northern Shenandoah

Valley

United Way of the National Capital

Area

UnitedHealthcare

Valley Equine Associates PLLC

Valley Health

Valley Proteins Inc

Ms Kelly Van Hook

Mrs Kristen Vance

Mr & Mrs Donald A Vantine

Venice Italian Restaurant/Danmark

Inc

Wachovia Bank

Ms Nichole Washington

Mr Ronald F Weltmann

Mr William P Wetherall

Ltg (Ret)& Mrs Alexander M Weyand

Ms Joan Whitacre

White Gloves Farm LLC

Mr E B White III

Wilkins ShoeCenter Inc

Mr James R Wilkins Jr

Ms Lisa Michelle Wilt

Winchester Equipment Co

Winchester Shawnee Lions Club

Woodley Farm

BLUE RIDGE HOSPICE
333 West Cork Street, Suite 405
Winchester, VA 22601
540-536-5210

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Calendar of Coming Events

Patient/Family Care Support Volunteer Training
Every Tuesday for Six Weeks
February 10 through March 17

Blue Ridge Hospice/Center for Hope, 12:30 to 4 pm
13 West 2nd Street, Front Royal, Virginia

Capturing Memories: Writing and Recording Memoirs
February 21, March 21, April 18, May 16

Open Series, 9 to 11 am

Registration is required

Blue Ridge Hospice Conference Room
333 West Cork Street, 4th Floor, Winchester, Virginia

National Social Work Month

Month of March

So, What Now? A Men's Grief Support Series
Every Tuesday for Five Weeks
March 17 through April 14

Blue Ridge Hospice/Center for Hope, 2:30 to 4 pm
13 West 2nd Street, Front Royal, Virginia

19th Leesburg Flower and Garden Festival
(BRH Booth), April 18 and 19

Historic Downtown Streets
Leesburg, Virginia

Annual Volunteer Recognition Dinner, April 23

6 to 9 pm
Location to be determined

For further calendar information, please call Blue Ridge Hospice at 540-536-5210.



Palliative
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(540) 536-5013

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